

# Little Trooper



## Separation Diary

My name:



Email: [info@littletroopers.net](mailto:info@littletroopers.net)

Little Troopers Registered charity no. (England and Wales) 1149258



little

TROOPERS

For all Forces Families



Little Trooper

Diary

This Little Trooper diary gives you lots of space to keep your thoughts, memories and feelings while your serving parent is away from home, you can then share this with them when they come home, it's a great keepsake too!

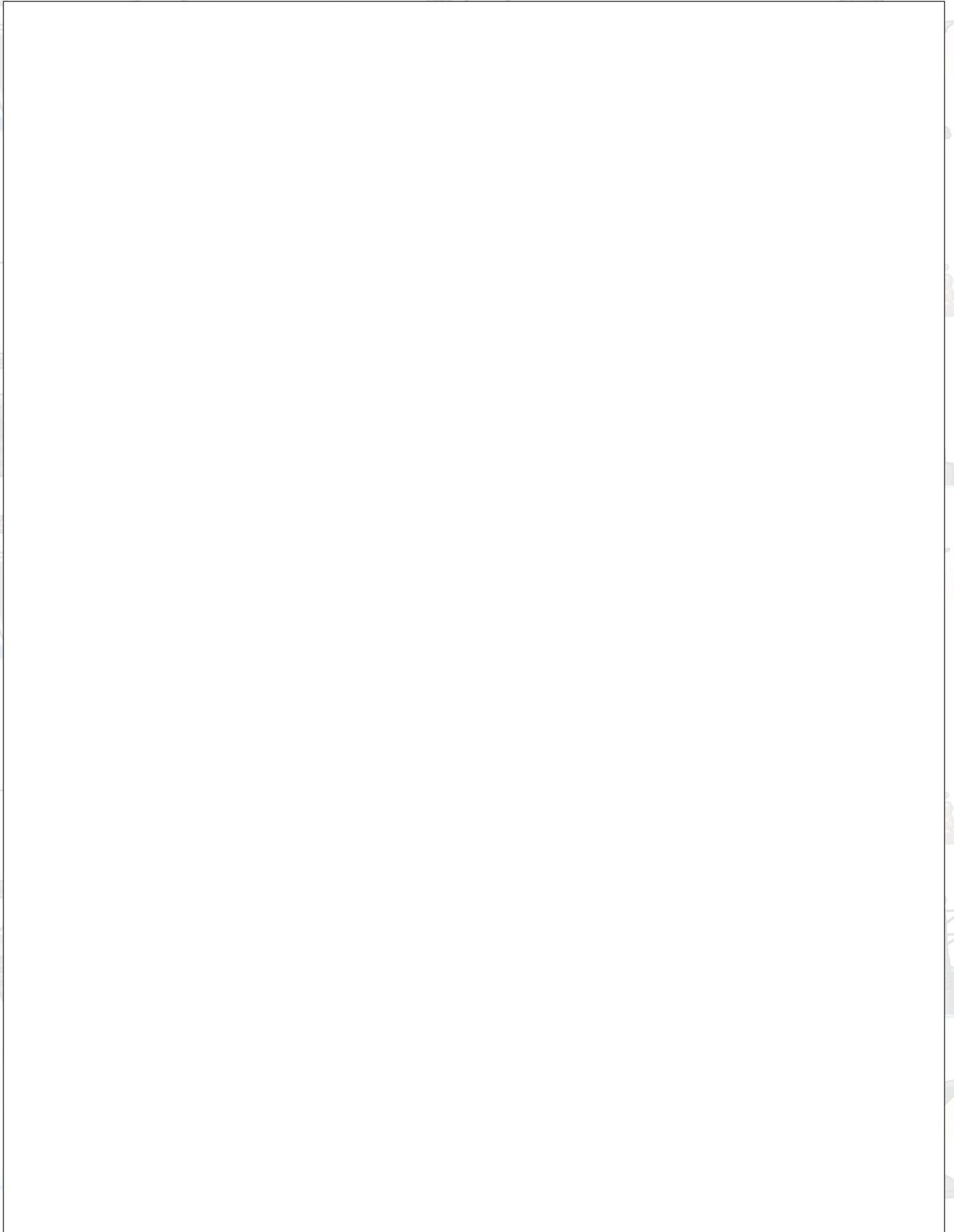
There is also a separation diary your parent can print and take away with them to write about where they have gone. You can use this along with our separation pack of resources available from:

[www.littletroopers.net](http://www.littletroopers.net)

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Add a photo or draw a picture of your grown up here:





# My Hero



My hero is:

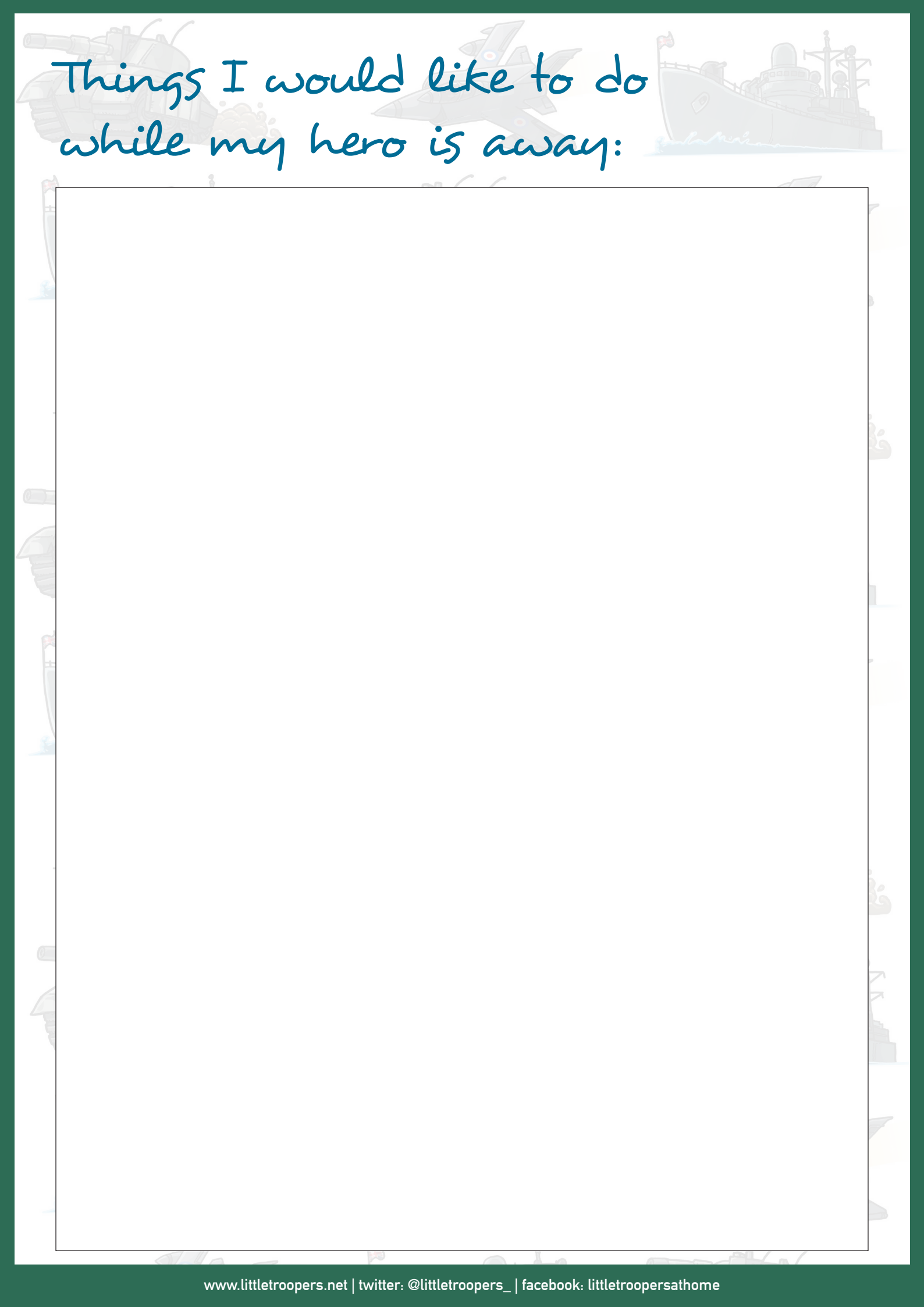


They have gone to:



They went away on

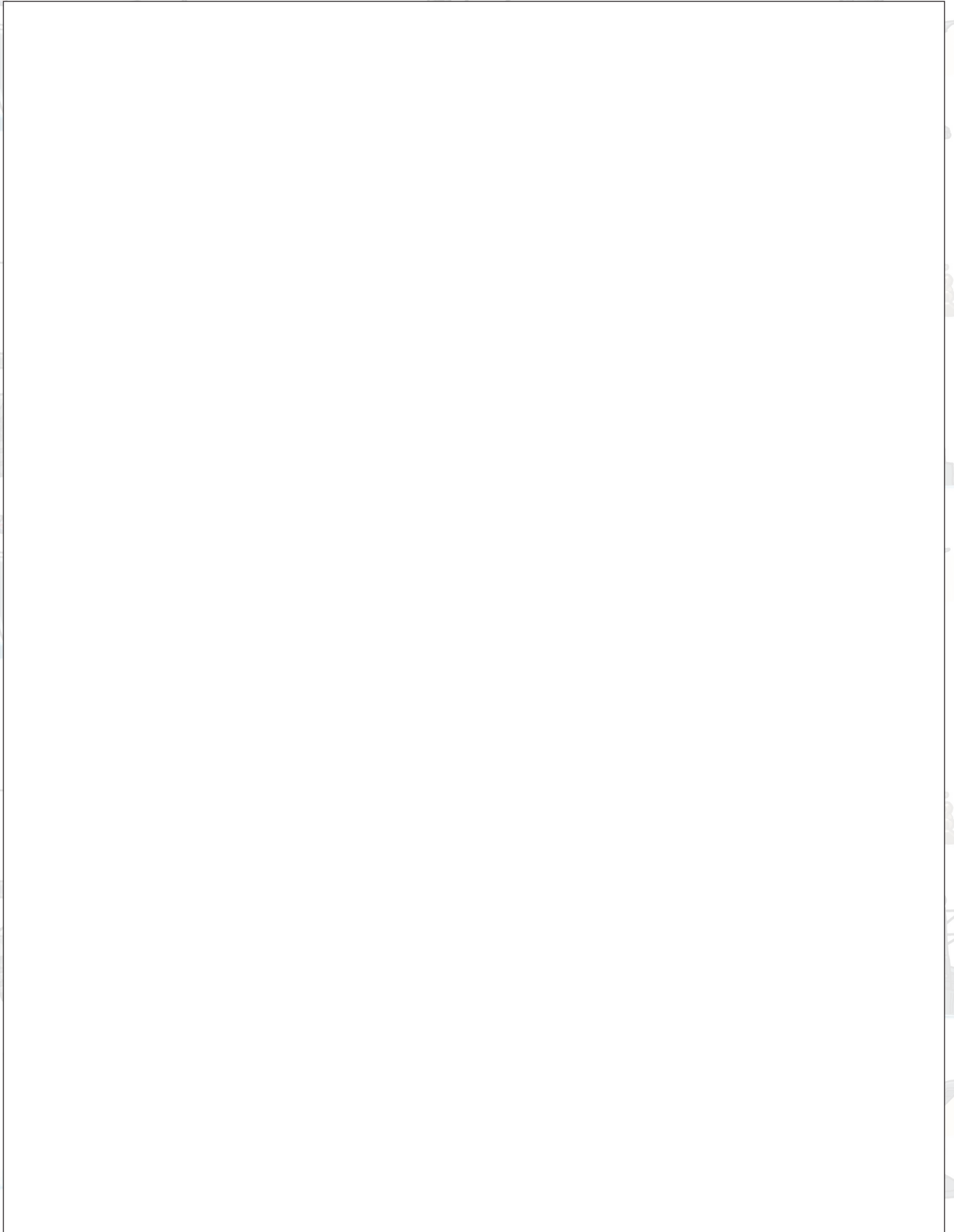
The things I love most about them are:



Things I would like to do  
while my hero is away:

A large empty rectangular box for writing.

Things I want to tell my  
hero when the get home:

A large, empty rectangular box with a thin black border, intended for the user to write their message to their hero. The box occupies most of the page below the title.



Things I would like to do with  
my hero when they get home:

A large empty rectangular box for writing.

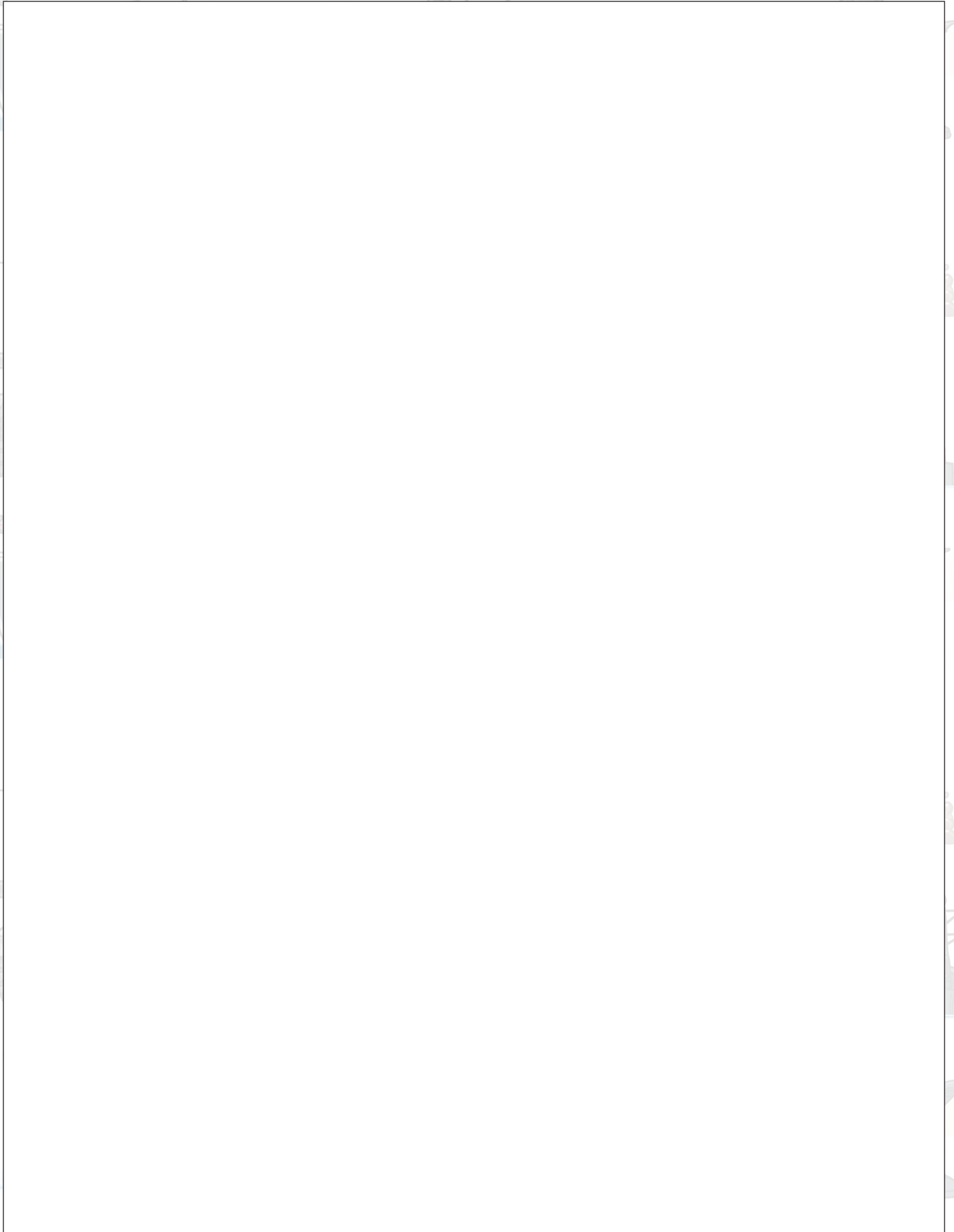


Things that have happened at school while my hero is away:

A large, empty rectangular box with a thin black border, intended for writing a story or list of events.



Things I miss about my  
hero while they are away:

A large, empty rectangular box with a thin black border, intended for the user to write their response to the prompt above. The box occupies most of the page's vertical space.





# Date:

Today I:

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