



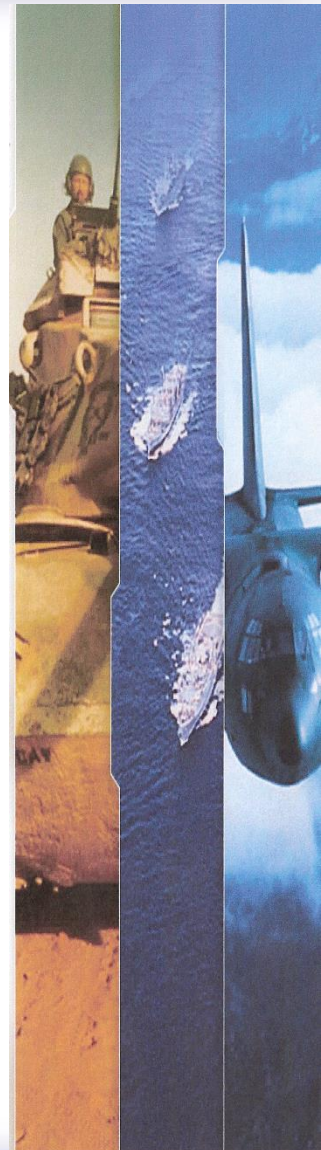
Supporting
young people,
families
and staff
during
periods of deployment

CPD for SCHOOL STAFF

**HMS
HEROES**
"TOGETHER AS ONE"



THE ROYAL BRITISH
LEGION



**Deployment is part of
service life ...**



**helping manage its effects on
students is part of my role**

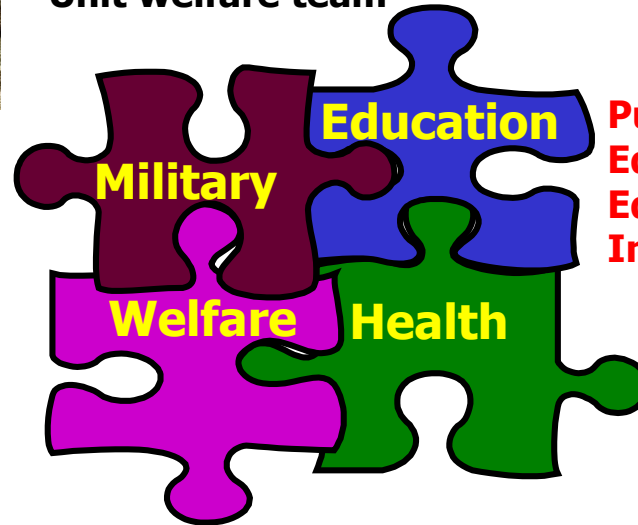
NETWORK



Commanding Officer

Unit Welfare Officer
Rear party
Unit welfare team

Teachers
Support staff
Mentors



Pupil and Family Services
Education Psychology
Education Social work
Inclusion team

Hive
Relate
FDU clubs

Doctor
Practice Nurse

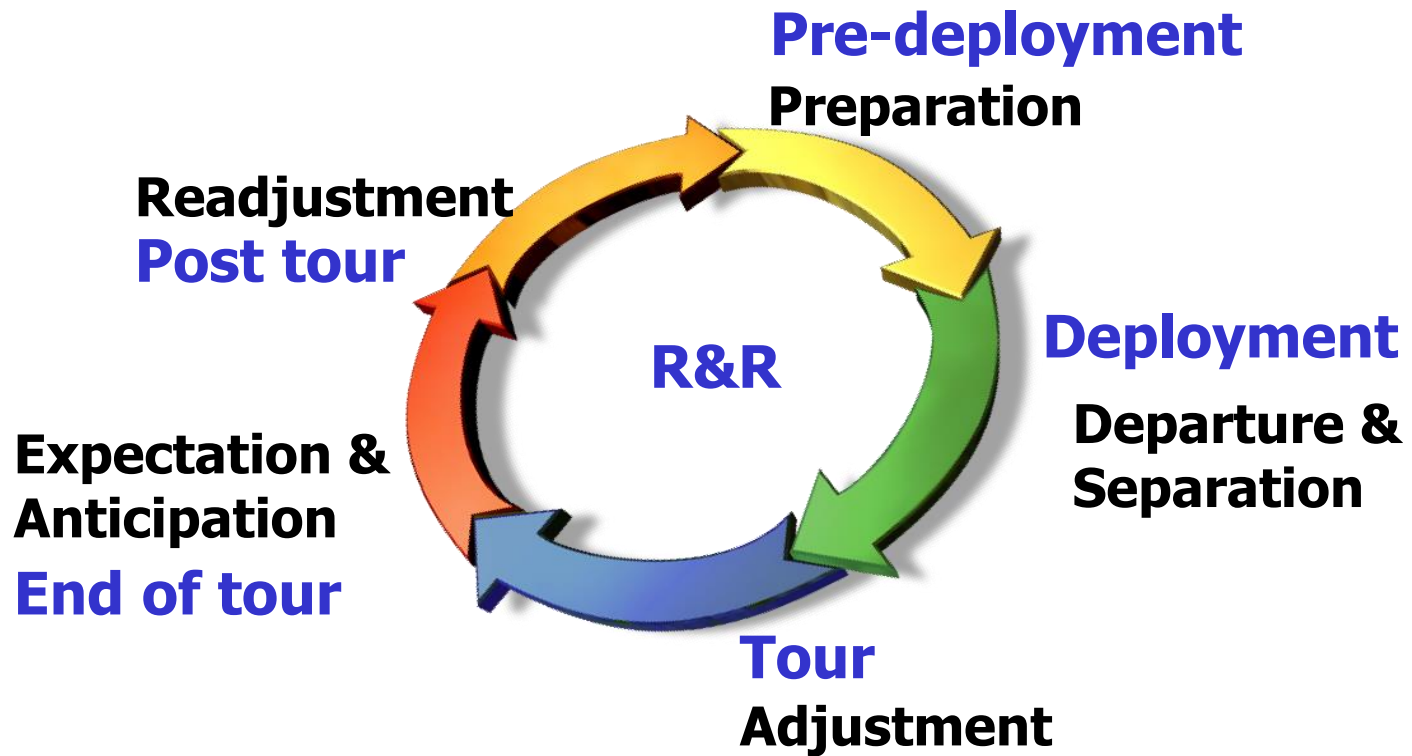


Social workers
Youth workers
Padre

Health visitor
School nurse
Medical centre staff



DEPLOYMENT CYCLE



REACTIONS

Worry
Pride



Anger
Sadness
Determined
Resilient

Anxious
Confused
Fearful
Upset
Sad
Angry
Let down
Ambivalent



Concern
Guilt
Sadness
Excitement
Impatience.



NORMAL

the challenge is to learn
to cope positively ...

PRE- DEPLOYMENT

Involves preparation for departure and separation



Those deploying are focussed on training and the military task ahead.

For those remaining at home...the practicalities of having to manage the family alone tend to be uppermost in mind.



Most children and young people sense the tensions.

DURING DEPLOYMENT

Involves separation and anxiety



Those deployed are busy completing the military task.

For those remaining at home...the practicalities of day-to-day life need attention BUT worry can be a distraction.



Most children and young people miss the absent parent and many worry

POST- DEPLOYMENT

Involves re-learning relationships



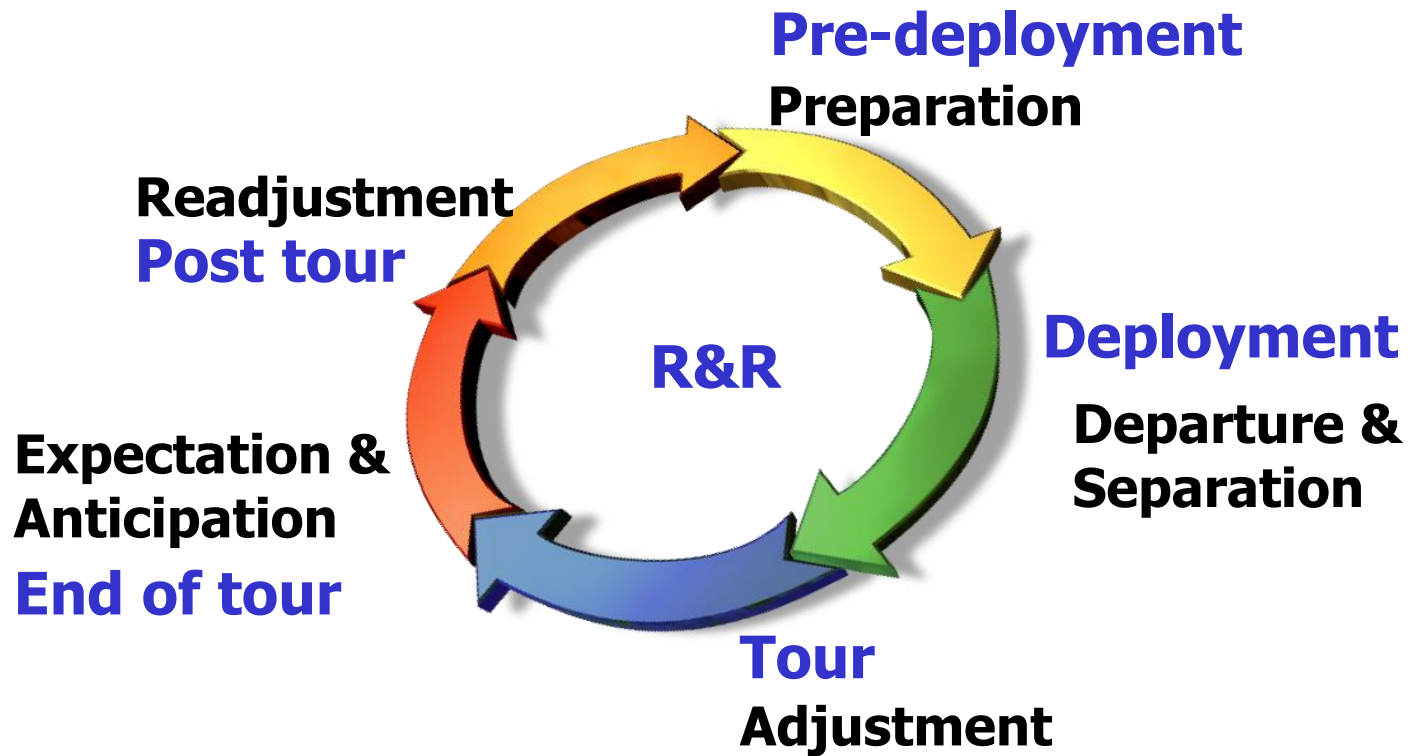
Those returning from deployment are still in the 'zone'.

For those at home...the routine is upset and life needs to find a new normal.



Most children and young people find this as hard as the other two phases of deployment and often do not understand why.

DEPLOYMENT CYCLE



FAMILIES SAY ...

Families appreciate the skill, dedication, openness and understanding of the staff ...

They want to know...

That their young person is supported

What support is available

Where to get it and how

**If you have these kinds of questions from parents
– direct them to me**

What can a classroom teacher do to help?

....these issues may be a sign that some support is needed:

**downturn in achievement and attainment
homework issues
poor concentration
emotional upset
attention seeking or emotional regression
irritability or fractious behaviour**

If you spot any issues please speak with me

H M S
HEROES
"TOGETHER AS ONE"



This is a unique **pupil voice group** formed in Plymouth for the support of Service children and young people.

They are **ambassadors & advocates** for Service families.

They are friends for each other.

OUR HEROES GROUP

We have over **160 KS3/4 Service Children** and many more who have wider service family links. All are HMS Heroes members.

Representatives attend **meetings with other City Schools** and the Plymouth City Council Youth Support Team.

Focus of Support

Most of the time it is **business as usual**.

But anyone with service family links will be aware of the **mix of pride and concerns** that are part of everyday life when family members are away.

Whilst we all know that **routines are helpful** when dealing with separation and worry, there are days that are more challenging, and some in-school support can be helpful.

Keeping Busy

We can help with **mentoring**, advice on how to manage the tough days.

We attend **Civic functions**.

We **raise money for Forces Charities** and advertise local events run by the Forces Welfare teams.

Overall, **our Heroes are kept busy**.

Normality is the Key

**We aim to maintain a
'haven of normality'
during change and challenge**

All families face challenges as they cope with life's events.

Deployment requires Service families to manage them whilst apart.

**Most families manage the challenges well.
Many individuals become stronger as a result.**

**Thank you
for considering the impacts of deployment on us**